

		Gro	oup Exe	ercise C	Class Sc	hedule	2	
	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	8:00am	YOGA SET	ZUMBA 45	vecanesuay	YOGA SET	ZUMBA	Juturuay	Juliuay
Group Exercise Studio	8:00am	UP	min.		UP	LISA 8:30-		
	8:30am					9:30am	Changing Geers SET UP	
	9:00am	YOGA BARBARA 8:30-10am	PILATES CONNIE 9- 10am	SCULPT LISA 9-10am	YOGA BARBARA 8:30-10am		Changing Geers TONYA 9-10am	
	9:30am							
	10:00am							
	10:30am	SILVER SNEAKERS		SILVER SNEAKERS		SILVER SNEAKERS		
	11:00am	LAUREL		LAUREL		LAUREL		
	11:30am	10:30- 11:30am		10:30- 11:30am		10:30- 11:30am		
	12:00pm							
	3:00pm							
	4:00pm							TABLE
	5:00pm	Changing Geers SET UP		Changing Geers SET UP		TABLE		TENNIS 3- 6pm
	5:30pm	Changing Geers TONYA 5:30-6:30pm	ZUMBA CARLEE 5:30- 6:30pm	Changing Geers TONYA 5:30-6:30pm	ZUMBA CARLEE 5:30- 6:30pm	TENNIS 4- 7pm		
	7:00pm	, , , , , , , , , , , , , , , , , , ,						
	Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Studio	7:30am							
รูล St	9:00am				ZUMBA Carlee 9am			
Yoga								
				10:30AM-11:				
	Time	Monday	Tuesday	Wednesday	Thursday	Friday		
	8:00am	AQUACISE		AQUACISE LESLIE 8am		AQUACISE LESLIE 8am		
Pool	9:00am	LESLIE 8am & 9am		& 9am		& 9am		
	10:00am				POOL CLEANING 1 HR			
	5:30pm							
	Time	Monday	Tuesday	Wednesday	Thursday	Friday		
	5:00am							
	6:00am							
	6:30pm							